# 2015 Assumption Elementary/K-4 All-Comers Track Meets

@ the Assumption Green Sports and Education Complex 4500 Champions Trace Lane, Louisville, KY

## **MEET DATES and EVENT SCHEDULES:**

K-4 Meet 1

Thursday, April 16 (first event 6:00pm\*)

100m dash

800m run

100m dash

200m dash

400m dash

Long Jumps)

K-4 Meet 2

Saturday, May 9 (first event 10:00am)

1600m run

100m dash

200m dash

400m dash

### **ENTRY FEES:**

- April 16 meet: \$25 per boys team, \$25 per girls team, or \$5 per individual
- May 9 meet: \$30 per boys team, \$30 per girls team, or \$5 per individual

Note that entry fees and admission are being charged in order to pay for our timer and awards.

### **ENTRIES:**

- unlimited entries in each event for each team and athletes may compete in up to 4 events
- Coaches can submit a <u>Hytek Team Manager roster</u> via email to Coach Barry Haworth (bmhaworth@louisville.edu) or enter your roster at the website addresses listed below:
  - Thurs/April 16 meet: submit thru http://track.ahsdistance.org/allcomers1/roster.html
  - Sat/May 9 meet: submit thru http://track.ahsdistance.org/allcomers2/roster.html
- Entry Deadlines are as follows:
  - o Thurs/April 16 meet: entries should be received by 6:00pm, Wed, April 15
  - Sat/May 9 meet: entries should be received by 6:00pm, Thurs, May 7
- If coaches have previously submitted their roster to us this year, then we do not need another roster submission. For coaches who have submitted rosters, but need to add athletes, they may use the website listed above.
- We are asking each coach to email Coach Barry Haworth to confirm their entry in each meet, and to provide a rough estimate of how many athletes they have planned to enter in each event this is simply for planning purposes on our part.

**DIVISIONS:** there will be only one division, K-4. Girls and Boys will compete for separate awards.

AWARDS: ribbons

**ADMISSION**: there will be a \$5 admission fee at the gate for all spectators and nonparticipants, children 12 years old and younger are free

<sup>\*</sup> April 16 all-comers meet has an 8:00pm conclusion guarantee. I.e., no event/heat will be started after 8:00pm, regardless of where we are in the process of concluding that event. Coaches should plan their entries to ensure that each boy and girl is entered in at least one event prior to the final event of the evening.

#### **MEET INFORMATION**

**Meet Location:** the Assumption HS track facility, the "Assumption Green", is located at 4500 Champions Trace Ln, at the corner of Champions Track and Newburg Rd just south of the I-264. Directions are available at the Assumption HS website (www.ahsrockets.org) under the Athletics link.

Coaches, please share the following information with your parents and athletes:

- Thursday, April 16 meet: Facility doors will be open at 5:00pm. Athletes will not be allowed on the track until 5:15pm, and should stay off the turf until 5:30pm unless instructed otherwise by meet management. This is to ensure that the high school teams who may be practicing will have sufficient time to conclude their practice without creating a safety concern. The pole vault pits, long jump pits and high jump pits are restricted areas athletes, parents, spectators and coaches must stay out of these areas. These areas will be marked with caution tape. The finish line area is also a restricted area, we need coaches, athletes and any spectators to stay out of this area as well.
- **Saturday, May 9 meet:** Facility doors will be open at 9:00am. The pole vault and high jump pits are restricted areas athletes, parents, spectators and coaches must stay out of these areas. These areas will be marked with caution tape. The finish line area is also a restricted area, we need coaches, athletes and any spectators to stay out of this area as well.

**Competitor numbers:** we will make every attempt to provide competitor numbers in advance via email, but also at the check-in table (the location of this table will be announced in advance). We will also let coaches know prior the meet how we'll be implementing competitor numbers (i.e. whether we will use bibs or numbers on each athlete's hand).

**Coaches Meeting:** we will host a brief coaches meeting prior to each meet. The time and location for this meeting will be announced in advance of the meet and 15 minutes prior to the start of each meet.